

Musical Memories Choir CHOIR WITH A PURPOSE

Our choirs are aimed at all older people in the community, especially those living with dementia or other conditions. Singer or not, just come along and enjoy the soundtrack to our lives!

Free

Tuesdays 11am-12.30 **Christwell Church**, **Manselton Road** Manselton **SA5 8PW** 01792 362122 or email

helen@redcafe.org.uk

café community project

Caring Together Western Bay lealth and Social Care Programm Gofalu Gyda'n Gilydd Bae'r Gorllewin

Elm Grove Road West Cross **SA3 5LD** EVERYONE WELCOME

-- HMT

Fridays

11am-1.00pm

Linden Church

SANCTA MARIA