

We currently have volunteering opportunities for: Luncheon club - cooks and waiting staff, Garden club - general maintenance and ground preparation, Cookery course - helpers Please contact the centre for more info.

In the future:

We now have three options available in our cooking project. As well as the kids cooking club, we can offer two beginners cooking courses for adults. These are Eat Well, Spend Less and Get Cooking! Please call or email for more info. *THANK 4001*!

Other projects at the centre

St. John's Family Centre is proud to house Brecon Foodbank and
Has offices available to let for other projects, charities or anybody interested. We are currently working to become Dementia Friendly.
We are continuing the Befrienders group here to support those who need a friend or a group to socialise with when they feel isolated or just can't get out much. This service was previously run by PAVO, but is now un by St. John's Centre.
Rainbow Nursery runs Tuesdays to Fridays in the mornings.









@john_centre



facebook.com/@stjohnsbrecon

http://www.swanseabrecon.org.uk/

Charity no. 239606

Want to receive a quarterly newsletter? Email us!

ST. JOHN'S CENTRE

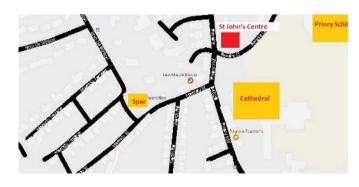
Old School Refectory Pendre Close Brecon Powys LD3 9EA

Phone: 01874 611723 ext. 1 E-mail: stjohns@faithinfamilies.wales

St John's Centre

Current projects and services for your local community at your local community centre.





Your community centre is here for you!

St John's centre is funded by charitable donations and exists to bring services directly to the

community for things you need.

We currently run several projects aimed at everyone, whatever your age or mobility.

We aim to work with the Brecon community to offer services and projects that YOU enjoy, please pop round at any time to check us out!



Our current projects include:

Luncheon Club - Monday at 1.00

Gardening Club - Thursday after school.

Food Co-op - Fridays, order on

Thursday

Foodbank - Tuesdays and Fridays

Healthy Cookery Club - Wednesday at 3.30

Luncheon Club



Every Monday afternoon from 1.00 to 2.00 we have a luncheon club for over 50s to come together for lovely home-made dinner and

pudding. We have a great group of regulars who come round and enjoy each other's company, socialise and gossip! We are now developing an after-dinner friendly group with music, talks and quizzes for your enjoyment.

Community Garden

Currently running 2 hours a week, the community garden is for everyone from kids to pensioners, beginners to experts. We grow fresh vegetables for members to enjoy growing and eating. Be prepared to do



eating. Be prepared to do everything from digging to weeding to planting, tending crops and picking the results for your dinner table. We also use produce for our other projects.

Food Co-Op

Our Food Co-op brings your family fresh, quality produce at wholesale prices. You can get bags of veg, fruit or salad, at only £3 per bag, stew pack is £2 and 2kg potatoes are £1, free

range eggs for only £1 for six! Order by Wednesday afternoon and collect on Friday between 1 and 4pm. This really is a great saving, so don't miss out!



Brecon Foodbank

Every Tuesday afternoon from 2.30 to 3.30 and Friday mornings from 11.00 to 1.00, Brecon Foodbank caters for local people in financial crisis. Foodbank provides clients with a balanced diet of non-perishable food for three days.

They work through system of referral agencies, but emergency supplies can also be



collected from the centre whenever the main office is open. Just ask!

Cooking project!

Healthy cookery club

We now have 3 cooking projects, all of which are based around entry level cooking skills and the Eat Well Guide.



We have a weekly after-

school club for kids and parents, plus 2 adult basic cookery courses. There is Eat Well, Spend Less, developed by the Trussell Trust, and Get Cooking! Which is a level I course accredited by Agored Cymru. Please contact the



centre for more details. Days and times are arranged with learners.