

Monday

Messy Monsters Day Nursery	8:00am—6:00pm
CF39 Café	8:00am—1:00pm
Citizens Advice (Drop In)	9.30am—11.30pm
Cookery Classes (Weeks 1 & 3)	11.30am—1.30pm
Bond & Build (Weeks 2 & 4)	11.30am—1.30pm
Recycling Arts & Crafts	10:00am—12.00pm
Knit and Natter	10:00am—12:30pm
Zumba Gold	1.00pm—1.45pm
Chair Yoga	2.15pm—3.00pm
After School Club (Arts & Crafts)	3:15pm—4.45pm
Youth Club	5:30pm—8:00pm

Tuesday

Messy Monsters Day Nursery	8:00am—6:00pm
CF39 Café	8:00am—1:00pm
Scissor Twister Hair Salon	9:00am—3:00pm
Brighter Journeys Dementia Support	10:00am—12:00pm
Pottery	11:00am—1:00pm
After School Club (Cooking)	3:15pm—4.45pm
Youth Club	5:30pm—8:00pm
RCT Sports Netball*	5.00pm—7.00pm
Karate*	7:00pm—8:00pm

Wednesday

Messy Monsters Day Nursery	8:00am—6:00pm
CF39 Café	8:00am—1:00pm
Scissor Twister Hair Salon	9:00am—3:00pm
Parent and Toddler Group	9.30am-11.30am
Men's Shed	10:00am—12:00pm
Community Gardening @ GGCA	10.00am—4.00pm
Table tennis	12:30pm—2.00pm
After School Club (Environmental)	3:15pm—4.45pm
Youth Club	5:30pm—8:00pm
Sparks Junior/Senior Netball*	6pm-7pm/7pm-8pm

Special Notices

UPCOMING ACTIVITIES/EVENTS

October Playscheme 27th—30th (5-14 year olds—you do have to register your child to attend) - 10.30-12.30 & 1-3pm.

Come and help us in our community garden and allotments on Wednesday's & Thursdays, 10am to 4pm

Call us on 01443 675004 for more details

***indicates clubs run by external groups**

Thursday

Messy Monsters Day Nursery	8:00am—6:00pm
CF39 Café	8:00am—1:00pm
Scissor Twister Hair Salon	9:00am—6:00pm
Knit and Natter	10:00am—12.30p
Cookery Classes (Weeks 1 & 3)	10:30am-12.30pm
Bond & Build (Weeks 2 & 4)	10.30am—12.30pm
Bingo	12:30pm—1:30pm
Community Allotments	10.00am—4.00pm
After School Club (Free Play)	3:15pm—4.45pm
Karate*	6:00pm—7:00pm
Gilfach Goch U14s Football	7.00pm—8.00pm

Friday

Messy Monsters Day Nursery	8:00am—6:00pm
CF39 Café	8:00am—1:00pm
Scissor Twister Hair Salon	9:00am—3:00pm
Gilfach Goch U8s/U9s Football	4-5pm/5-6pm

Saturday

CF39 Cafe	8:00am—11.30pm
Scissor Twister Hair Salon	8:00am—2:00pm

www.ggca.org.uk



gilfach.goch community.association



@ggcarct

What's On..
...at GGCA



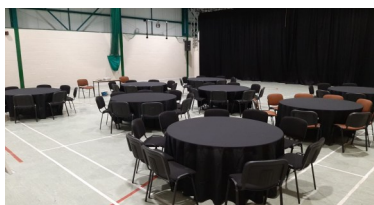
Conference Room Hire

Conference Room
available for up to
40 seated

Sports Hall Hire

Available for Sports
(football, badminton
rugby, netball,
karate)

Conferences,
Weddings



Come along to our Warm Hub
and have a cuppa, something
to read, board games,
charging stations for phones &
laptops. Monday—Friday
8am to 8pm (4pm Friday's)

What's Also Happening at your local centre:

- Day Nursery
- Employment Advice and CV support
- Citizens Advice Bureau
- CF39 Café
- Mothers and Toddlers
- Sports - Karate, Football, Netball, Rugby
- Table Tennis
- Men's Shed
- Parent & Toddlers
- Cooking Classes
- Arts and crafts/Knit & Natter/Pottery
- Gardening Group
- Leigh Lawry Accountants



FREE PARKING



Find out more at....

Gilfach Goch Community Association

Cambrian Avenue, Gilfach Goch, CF39 8TG

What3words: [cabinet.shadowed.suffice](https://www.what3words.com/cabinet.shadowed.suffice)

(Opposite the Fire Station)

Find out more on...

01443 675004

www.ggca.org.uk

Facebook: [gilfachgoch.communityassociation](https://www.facebook.com/gilfachgoch.communityassociation)

Twitter: @ggcarct

