

SANDY BEAR

Helping children smile through their tears

We exist to improve the life outcomes of vulnerable children, young people (up to the age of 25) and their families who have been bereaved by the death of someone special in their lives or are facing such a death.



We work with professionals such as police, teachers and health personnel, advising how best to support children and families who are facing or have experienced bereavement.

All children have a right to:

Have a voice

To live and grow up healthy

To be treated fairly

To have a say about decisions affecting them



Childhood bereavement is not rare... 1 in 20 children, in the UK, are bereaved of a parent by the age of 16. (CBN)

Our aim is to help children and young people understand what has happened to them, to bring the family together to support them to develop the resilience they need for their lifelong grief journey.

We achieve this through 1:1 and peer group therapeutic sessions.

To find out more, please visit our website or get in touch:

www.sandybear.co.uk

admin@sandybear.co.uk

01437 700272

Registered charity no. 1187011

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Helpu plant i wenu trwy eu dagrau

Rydym yn bodoli i wella canlyniadau bywyd plant, phobl ifanc (hyd at 25 oed) a'i teuluoedd agored i niwed sydd wedi cael profedigaeth oherwydd marwolaeth rhywun arbennig yn eu bywydau neu sy'n wynebu marwolaeth o'r fath.



Rydym yn gweithio gyda gweithwyr proffesiynol fel yr heddlu, athrawon a phersonél iechyd, gan gynghori ar y ffordd orau o gefnogi plant a theuluoedd sy'n wynebu neu sydd wedi profi profedigaeth.

Nid yw profedigaeth yn ystod plentyndod yn anghyffredin ... Mae 1 o bob 20 o blant, yn y DU, wedi dioddef profedigaeth rhiant erbyn eu bod yn 16 oed. (CBN)

Ein nod yw helpu plant a phobl ifanc i ddeall beth sydd wedi digwydd iddynt, i ddod â'r teulu ynghyd i'w cefnogi i ddatblygu'r gwydnwch sydd ei angen arnynt ar gyfer eu taith galar gydol oes.

Rydym yn cyflawni hyn trwy sesiynau therapiwtig un i un a grŵp cyfoedion.

Mae gan bob plentyn hawl i:

Cael llais

I fyw a thyfu i fyny yn iach

Cael eu trin yn deg

Cael dweud eu dweud am benderfyniadau sy'n effeithio arnynt



I gael gwybod mwy, ewch i'n gwefan neu cysylltwch â ni:

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Elusen gofrestrdig rhif: 1187011