

We offer information, friendship and support to local people with Parkinson's, their families and carers

We also organise regular events and social activities.

Join us – and meet other people affected by Parkinson's in your area.

Useful Resources

Parkinson's Nurse (Emma Williams)
01437 774208

Parkinson's UK Helpline
0808 800 0303

Web:
<https://www.parkinsons.org.uk/>

Facebook:
<https://www.facebook.com/PembsParkinsons/>
<https://www.facebook.com/parkinsonsukcymru/> (Parkinson's Wales)

Twitter:
[@PembsParks](https://twitter.com/PembsParks)
[@ParkinsonsUK](https://twitter.com/ParkinsonsUK)

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

Pembrokeshire Branch





What we do

Treatments available at our weekly meetings include physiotherapy, podiatry, speech therapy, seated exercises and alternative therapies such as aromatherapy and reflexology.

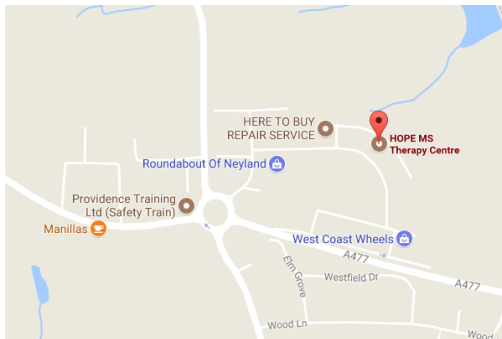


When

Every Wednesday from 9.15am to 3pm

Where

The Hope Centre, Unit 57
Honeyborough Business Park
Neyland SA73 1SE



There is a small monthly membership charge and for a weekly 50p donation there is an endless supply of tea or coffee.

Regular social activities include outings to places of interest, theatre visits, dinners and carers lunches.

Contact us

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