



Does your self-confidence need a boost?

Do you love to perform (or would like to give it a try)?

Has the pandemic been tough for you?

***Do you consider yourself a
WORK IN PROGRESS?***

WORK IN PROGRESS is a new mental health theatre group based in Rhyl for adults. Covid has had a huge impact on everyone's mental health in so many ways. It's well known that involvement in the performing arts improves people's mental health and wellbeing – so what are you waiting for?

BE PART OF OUR 10-WEEK LAUNCH PROJECT!

Drama, Singing, Dance / Movement, BSL, and more...
Make friends, connect with your emotions, learn new skills, and have fun!

WHEN: Wednesdays, 5:30-7:00pm
7th September – 9th November

WHERE: Good News Mission (formerly 'Good News Family Church')
75 Marsh Road, Rhyl, LL18 2AB

WHO: Anyone aged 18+ is welcome

HOW: Email workinprogressrhyl@gmail.com,
Message 'Work in Progress' on Facebook,
Or just come along!

We are all a Work in Progress. Together we can accomplish so much.