

HELP IS NEEDED

VOLUNTEER TODAY

How to get started

Volunteers are initially asked to complete a Volunteer application form and return it to the Hospice. They will then be asked to come for an informal interview to discuss the different Volunteer options available. References are required and D.B.S. checks will also be required for Volunteers who wish to work in any clinical areas or with patients.

Once these are completed, the new Volunteer will be given an induction suitable to the work that they wish to take up and given a mentor who will help them settle in during the initial weeks. As a Volunteer you will be required to undertake some mandatory training which will include fire safety, first aid and manual handling.

For a Volunteer application form, please telephone **01495 717277**.

Please return all correspondence regarding Volunteer applications to the **Volunteer Manager** at the address below.

The Hospice currently has more than 200 Volunteers working in many different roles - in our chain of charity shops, on our delivery vans, in our clinics, as befrienders at our fundraising Events and administration offices.

Between them, they work more than 350,000 hours a year, saving the Hospice vast amounts of money.

Without our Volunteers, the Hospice could not function.

Hospice of the Valleys, Festival Drive, Ebbw Vale, Blaenau Gwent, NP23 8XF.

Tel: 01495 717277

Mobile: 07866 783179

Email: justin@hospiceofthevalleys.com

www.hospiceofthevalleys.org.uk

Make A Difference



There are many reasons why somebody wants to become a Volunteer with the Hospice of the Valleys.

Some people have just retired or they may be in the process of looking for paid employment and want to spend their spare time usefully. Others want to gain valuable work experience, as a stepping stone to future employment.

Some Volunteers begin working with us after a personal experience of the Hospice - whether as a patient or a relative of a patient - and want to give something back to the Hospice that helped them in their time of need.

Whatever your reason for wanting to Volunteer - we can help you to get started and help you decide how you may be able to help us.

WE NEED YOUR HELP

Befrienders

The support offered by Befrienders provides an opportunity for people living with a life-limiting illness and their carers to receive support, a break for carers, support to enable the individual to access community venues, events, hospital appointments and stays.

Shop Assistant

The Hospice currently have 6 shops, run by Volunteers in Ebbw Vale, Tredegar, Brynmawr, Abertillery, Merthyr Tydfil and Blaenavon.

Shop Volunteers are responsible for the day to day running of the shops; serving customers, taking and sorting donations, keeping the shop stocked and ensuring it is clean and tidy.

Day Centre Assistants

The Hospice have regular Day Centre and Out-Patient activities. Run by our Clinical Team, the help of Volunteers is essential to meet and greet patients, help them feel welcome and comfortable also help to serve refreshments and help organise activities.

e-Commerce

The e-Commerce Volunteer will support with the promotion, development and maintenance of our online presence and e-commerce sales platforms in order to maximise our engagement and sales through Facebook and Instagram ETC.

BECOME A **SUPERHERO** VOLUNTEER!

Fundraising Events

Regular fundraising events are held by the Hospice and we always need people to help with publicising events by distributing posters and fliers, assisting in the organisation or helping out on the day of the event. Some Volunteers act as marshals, help with car parking, registration or by running fundraising stalls.

We also need Volunteers to help with regular supermarket or street collections and helping with fundraising mail outs.

Administration / Receptionist

We have a busy Admin Department at the Hospice's main office. Volunteers are mainly required to help by answering the phone, addressing envelopes and other general office duties. Some training will be given.

Patient Transport Driver

Drivers required to pick Hospice Patients up from their homes and drive them to Hospice Day Centre and return home.

**Flexible
Hours
and Days**

Reasons to Volunteer

- Gain some Work Experience
- Develop New Skills
- Personal Satisfaction
- Be Part of a Team
- Keep Active
- Meet New People and Make New Friends
- Make a Difference
- Feel Less Isolated
- Explore New Areas of Interest
- Strengthen Your CV

