



Are you struggling with your child's behaviour and don't know where to turn next?

Would you like free advice and support to inspire positive change?

We offer a range of services to parent carers of neurodiverse children and those with additional needs:

- One-to-one advice
- Community peer support groups
- Online support network
- Parent carer well-being sessions
- Lending library
- RCT school support for teachers and parent carers
- Training on various topics such as; ADHD, Autism, Sleep and Early Intervention



**Behaviour
Support Hub**

Join our weekly Peer Support Group!

No diagnosis required.
Our services are free.

Contact Us

- ☎ 01443 492624
- ☎ 07562 223697
- ✉ info@behavioursupporthub.org.uk

www.behavioursupporthub.org.uk

Training Hub: 33 Gelliwastad Road, Pontypridd,
CF37 2BN. Registered Charity Number 1201797





Ydych chi'n cael trafferth gydag ymddygiad eich plentyn ac nad ydych chi'n gwybod ble i droi nesaf?

Hoffech chi gael cyngor a chymorth am ddim i ysbrydoli newid cadarnhaol?

Rydym yn cynnig amrywiaeth o wasanaethau rieni sy'n ofalwyr plant niwroamrywiol a'r rhai sydd ag anghenion ychwanegol:

- Cyngor un-i-un
- Grwpiau cefnogi cymheiriaid cymunedol
- Rhwydwaith cymorth ar-lein
- Sesiynau Lles rhiant-ofalwr
- Llyfrgell fenthyca
- Cefnogaeth ysgol RhCT i athrawon a rhieni sy'n ofalwyr
- Hyfforddiant ar bynciau amrywiol megis; ADHD, Awtistiaeth, Cwsg ac Ymyrraeth Gynnar



**Behaviour
Support Hub**


Ymunwch â'n Grŵp Cefnogi Cymheiriaid wythnosol!

Nid oes angen diagnosis. Mae ein gwasanaethau yn rhad ac am ddim.



Cysylltwch â ni

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