



Volunteering at Re-engage

We would love you to be part of the team that's making life better for the oldest people in our communities. Volunteering at Re-engage can be an incredibly rewarding experience.



We all have different reasons for getting involved. Some of our volunteers have or have had older people in their lives who have brought them joy or who have experienced loneliness. Others are feeling a twinge of loneliness following a change in circumstance. Whatever your reason for reading this leaflet, we are here to make sure that all our volunteers are fully equipped to support thousands of older people who benefit from our services across the United Kingdom.

What we do

At Re-engage, we work within your local community to set up regular social gatherings for small groups of people aged 75 and over hoping to find new ways to get out and about that suit them at this time of life. For those who aren't able to attend in person, we offer a free telephone befriending service.

Bringing generations together



What will you get from volunteering?

By volunteering with us you will have:

- The opportunity to make a real difference to the lives of older, isolated people in your local community.
- Full training for your role.
- Email and telephone support from a staff member throughout your volunteering journey.
- The chance to make new friends and feel connected with your local community.

We have volunteer roles right across the UK.

1. Join a group as a volunteer tea party driver

Volunteer drivers collect and accompany older people to a social gathering once a month. Part of your role will be to liaise with other volunteers and older guests to finalise pick-up arrangements.

2. Join a group as a volunteer tea party host

Your role will be to host your local Re-engage group one to two times a year. You must be comfortable with inviting people into your home, and providing guests and other volunteers with refreshments. Group sizes vary but are generally between six and 12 people.

3. Run a tea party group

We have hundreds of groups across the country and they all depend on the passion, energy, and organisational abilities of our incredible team of group coordinators. Group coordinators plan the monthly meet-ups and ensure that they run smoothly so that the older guests in the group are taken out each month.

4. Become a call companion

Our call companions make regular calls to older people. These calls provide conversation, friendship and joy.

Other volunteering roles are available. Please visit our website for the full range of opportunities.

“ I am glad to have a chat with my call companion every Wednesday. When I am being sociable, I feel like I belong. ”



Please get in touch

**Call 020 7240 0630, email info@reengage.org.uk
or visit www.reengage.org.uk**

**Re-engage is a registered charity in England and Wales (1146149)
and in Scotland (SC039377). Company Number (07869142)
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