## Bereavement FRieldship Group

If you are grieving, join us for a cuppa and a chat with others who know how tough it can be.

We meet on the 1st and 3rd Thursdays of each month from 6.15 pm to 7.45 pm at The Community Cafe, Orchard Street, Neath (next to Gwyn Hall)

Inquiries: 07827 167318 mindsetvitality@gmail.com









Charity No 1198750