

In hospital being treated or assessed for a mental health condition, including dementia? If so, you are entitled to support from an Independent Mental Health Advocate.

Your advocate does not work for the hospital or the local authority. He/she works for a charity called AWW-EGC

Your advocate will:

- **Listen to what you say and respect your views.**
- **Discuss options and agree actions with you.**
- **Research and gather information.**
- **Does not take anyone else's side.**

An IMHA can:

- **Explain how the Mental Health Act affects you.**
- **Provide you with information on rights and help you understand how to use them.**
- **Help you get information about and understand any treatment you are being offered and/or given.**
- **Support you to put your views across at important meetings like ward round and discharge planning.**
- **Offer support should you need to challenge a decision or make a complaint.**

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01267 223197 / 01437 762935

YOUR ADVOCATE IS:



IMHA SERVICE FROM



Advocacy West Wales
Eiriolaeth Gorllewin Cymru
A voice when you need it most
Llais pan fydd ei angen arnoch fwyaf

01267 223197
(CARMARTHENSHERE)
OR
01437 762935
(PEMBROKESHIRE AND CEREDIGION)

**AS A PATIENT ON THIS WARD YOU ARE ENTITLED
TO FREE, INDEPENDENT AND CONFIDENTIAL SUPPORT
FROM AN INDEPENDENT MENTAL HEALTH ADVOCATE**